

ATHABASCA FAMILY CENTRE

APR 13 - APR 24, 2026

MONDAY APR 13, 2026	TUESDAY APR 14, 2026	WEDNESDAY APR 15, 2026	THURSDAY APR 16, 2026	FRIDAY APR 17, 2026
<p>WALK & TALK-MULTIPLEX TRACK 8:30-11:00AM</p> <p>TRIPLE P 1:30-2:00PM SENSORY PLAY 2:00-3:00PM CHAT & PLAY 3:00-3:30PM</p>	<p>CHAT & PLAY 9:00-11:30AM</p> <p>STORY AND CRAFT 1:30-2:00PM CHAT AND PLAY 2:00-3:30PM</p>	<p>MINDFUL MOMENTS 9:00-9:30AM CHAT & PLAY 9:30-11:30AM</p> <p>CAREGIVER CONNECTION 1:30-3:30PM</p>	<p>BABY CHAT 9:00-11:00AM</p> <p>LEARN & SHARE 1:30-2:00PM CHAT & PLAY 2:00-3:30PM</p>	<p>YOGA & PLAY 9:00-11:00AM</p> <p>ALPHABET DETECTIVE 1:30-2:00PM CHAT & PLAY 2:00-3:30PM</p>
MONDAY APR 20, 2026	TUESDAY APR 21, 2026	WEDNESDAY APR 22, 2026	THURSDAY APR 23, 2026	FRIDAY APR 24, 2026
<p>WALK & TALK-MULTIPLEX TRACK 8:30-11:00AM</p> <p>TRIPLE P 1:30-2:00PM SENSORY PLAY 2:00-3:00PM CHAT & PLAY 3:00-3:30PM</p>	<p>CHAT & PLAY 9:00-11:00AM</p> <p>TRAVELLING FAMILY CENTRE @BOYLE LIBRARY 10:30AM -12:00PM</p> <p>PARTNERS IN TIME @ EXTENDICARE (CARD BINGO) 1:30-3:00PM</p>	<p>MINDFUL MOMENTS 9:00-9:30AM CHAT & PLAY 9:30-11:30AM</p> <p>CAREGIVER CONNECTION 1:30-3:30PM</p> <p>CRAFTS & COMMUNICATION 5:00-6:30PM MUST PRE-REGISTER</p>	<p>BABY CHAT 9:00-11:00AM</p> <p>LEARN & SHARE 1:30-2:00PM CHAT & PLAY 2:00-3:30PM</p>	<p>YOGA & PLAY 9:00-11:00AM</p> <p>ALPHABET DETECTIVE 1:30-2:00PM CHAT & PLAY 2:00-3:30PM</p>

FOR MORE INFORMATION
CALL: (780)675-2623 OR TEXT (780)327-4461



Alphabet Detective: Children will learn letter sounds and recognition, and will go on a scavenger hunt to find the matching letter.

Baby Chat: Time for caregivers with children ages 0-12 months old to meet with others and discuss current topics, child development and caregiver capacity

Chat & Play: For caregivers and their children to meet others and discuss current topics, child development and caregiver capacity

Caregiver Connection: Time for you to engage with your child while we do activities together. Each activity will be about ½ hour in length with caregiver connection at the end

Crafts & Communication: Create a craft and learn and discuss different communication techniques in a casual atmosphere. For parents and caregivers. MUST PRE-REGISTER (780) 675-2623

Learn & Share: Children can bring something special to the centre to talk about. Parents and children will listen and ask questions.

Mindful Moments: Caregivers and children come and participate in mindfulness practices, that will help with resiliency and emotional regulation.

Partners in Time: Interact with seniors through a variety of activities at Extencicare. Drop-in program. Address is 4517 53 St, Athabasca AB T9S 1K4. Use door around east side of building.

Sensory Play: Let your child learn through their senses.

Story and Craft: Join us as we read a story and do a craft related to the story.

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Travelling Family Centre: Singing, story, craft, caregiver education and conversation at different communities in Athabasca County.

Triple P Tipsheet: Come talk about different developmental topics you may find challenging.

Walk & Talk: Walk around the Multiplex Fieldhouse by yourself or with your little one and receive Triple P Tip Sheets. Everyone of all ages welcome. Wear clean indoor shoes. No food allowed in the Fieldhouse.

Yoga & Play: Join us as children and caregivers/parents participate in yoga together and play in the centre.

*For outdoor activities check Facebook the morning of the program for updates or text (780) 327-4461 for any questions